BREAKFAST/ BRUNCH

FRESH BAKED TOAST or DGB WITH ORANGE HONEY BUTTER AND JAM: Artisan bread, house-made orange honey butter (or peanut butter) and seasonal jam

GROOVY GRANOLA, YOGHURT & ROASTED FRUIT: DG Granola, Avalon Yoghurt, seasonal honey roasted fruit

DALE EVANS: DGB, free-range egg, Black Forest Ham, Havarti ROY ROGERS: w/Cheesy Herb Scone

SAUSAGE PASTY: Rocana Pork, house-made, sausage in a buttery pastry

COTTAGE POCKET**: Free Range egg scramble with spinach, aged cheddar and smoked Spanish paprika potatoes

VEGETARIAN QUICHE: Seasonal roasted veggies, gruyere & cheddar cheese, free range egg custard

SAVOURIES

TOURTIERE*: Traditional Quebecois Rocana Pork & spiced veggies baked in our flaky, all-butter pastry

SHEPHERD'S PIE*: Opal Valley Lamb or PEI Blue Dot Beef, & veggies, baked under a buttermilk yam or Yukon mash

TURKEY POT PIE*: JD Farms Turkey, veggies, peas folded in a velvety sauce, flakey, all-butter pastry

CORNISH BEEF PASTY*: PEI Blue Dot Beef, traditional veggies & herbs in a tender all butter hand-held pastry

COMFORT MAC'N CHEESE*: Fusilli pasta folded in a velvety five cheese Mornay sauce

DAILY CASSEROLES Check to see what's fresh today!

KING RANCH* FLORENTINE LASAGNA* BOLOGNESE LASAGNA*

SANDWICHES

VEGGIE CHERMOULA*: Tunisian marinated, seasonal grilled veggies, hummus, carrots, field greens, feta cheese on House-baked Focaccia

COUNTRY HAM*: Black Forest ham with Havarti, smoky onion mustard, field greens Roma tomato on buttered DG Baguette.

MOM'S MEATLOAF*: PEI Beef meatloaf with smoky onion mustard, lettuce & tomato on Village Rustic bread.

WEST-COAST TUNA*: Chunk light Tuna, granny apples, pickle relish, dilly mayo on our Village Rustic

ATOMIC EGG SALAD*: Free run eggs, house-made lemon aioli, poppy seeds, cream cheese, on Wesbrook Wheat.

KIMCHI KALBI BEEF BURRITO*: Korean style PEI Blue Dot Beef, sesame spinach, carrots, and kimchi rice

*You can trade-up your side salad for Beef Chili (seasonal) or Daily Soup

LENGENDS MEATS, UBC FARM, DISCOVERY ORGANICS, ORIGINS ORGANIC COFFEE, RANGERTEA

